

Bonita Springs Tropical Fruit Club Inc. PO Box 367791 Bonita Springs, FL 34136

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January 2016 – Jujube Fruit



Bonita Springs Tropical Fruit Club Newsletter

Who we are and what we do:

The Bonita Springs Tropical Fruit Club, Inc., is an educational not-for-profit organization whose purpose is to inform, educate and advise members and the public in the selection of plants and trees, to encourage their cultivation, and to provide a social forum where members can freely exchange plant material and information. The club cooperates with many organizations, and provides a basis for producing new cultivars. We function in any legal manner to further the above stated aims.

Meetings:

Regular membership meetings that include an educational program are held the second Tuesday of each month, except July and August. Meetings begin promptly at 7 PM, at the First United Methodist Church, 27690 Shriver Avenue, Bonita Springs. The meetings are held in the "Fellowship Hall" meeting room.

Workshops:

Workshops (monthly discussions) are held on the fourth Tuesday of each month at 7 PM at the Methodist Church, when practical. This open format encourages discussion and sharing of fruits and information. Bring in your fruits, plants, seeds, leaves, insects, photos, recipes, etc. This is a great chance to get answers to specific questions, and there always seems to be a local expert on hand!

Tree sale: Semi-annual tree sales in February and November at Riverside Park in downtown Bonita Springs raise revenue for educational programs for club members and other related purposes of the club.

Trips: The club occasionally organizes trips and tours of other organizations that share our interests. The IFAS Experimental Station and the Fairchild Nursery Farm are examples of our recent excursions.

Membership: Dues are \$20 per person for new members, and \$15 per person for renewals. Send checks to: PO Box 367791, Bonita Springs, FL 34136, or bring to any regularly scheduled meeting. Madeline Bohannon is our membership person. For information, call her at 239-851-4448.

Directions:

From the intersection of Old 41 Road and Bonita Beach Road SE, proceed north to Dean Street. Turn right on Dean St. and go two blocks to Shriver, then turn left on Shriver and go two blocks to the Methodist Church. Free parking on both sides of the street.

Newsletter: This newsletter is available to anyone via email, and to paid members via Post office mail upon request. You may join our email communications group by emailing Berto Silva at BNS58@aol.com.

Officers and Board of Directors:

Madeline Bohannon - President
Rachel Stone - Vice President
Denise Houghtaling/Adrienne Diaz - Secretary
Joe Busa - Treasurer
Tom Betts - Director
Gerda Gyori - Director
Berto Silva - Director

Guest Speaker



Guest Speaker for January will be me, Madeline Bohannon,

speaking about two tropical fruits that are ripe in January:

Jujubes and Black Sapotes.

I'm hoping to have a sufficient quantity of each so that all members present will be able to sample "tiny apples" and Black Sapote chocolate mousse.

Message from the President

My "Farewell Speech" is to thank the many wonderful members who have offered kind words, strong support, and appreciation for whatever work I have done for this club. I am stepping down now because I feel I have accomplished the many things I've wanted to do, including getting our website started (after talking about it for YEARS), getting guest speakers that were never before able to come to this side of Florida, and bringing back some of our "core members" which had started to leave the club. This, plus stressing the goals of this club being a FRUIT club, not a flower or herb or vegetable growers club. Much as I love all of these peripheral subjects, we still have so much to learn about growing FRUIT.

I'll still continue to give free "Yard Tours" at my property in Ft. Myers, especially to new members, and sample any fruits that are ripe each time. Anyone is welcome to call <u>239-851-4448</u>.

Future Speaker

Chris Rollins, previous Director of the Fruit & Spice Park in Homestead, will be with us once again to cover several rare fruit topics and answer all fruit questions.

Bus Trip

Our next bus trip to Homestead is already starting to fill up! It is on Saturday, Feb. 6th, and will leave the Walmart parking lot in Ft. Myers (Colonial & 6-Mile Cypress) at 7:15 AM, and will depart at 8 AM from the Walmart parking lot on Imokalee Rd. (near Exit #111 of I-75) for Bonita Springs and Naples people. The bus will return about 6 PM. \$20 per person for members and \$25 for non-members.

Calendar of Events

- 1/12 Tue. General Meeting STARTING AT 6:45 PM Tasting Table until 7:15 PM
- 1/19 Tue. Co-op meeting for old Board of Directors and New Board of Directors 6 PM
- 1/26 Tue. Workshop 7 PM
- 2/3 Wed. FREE Edible Landscape Seminar 7 PM 230-332-1188
- 2/6 Sat. Bus Trip to Homestead
- 2/9 Tue. General Meeting Speaker: Chris Rollins Rare Fruit Problems, Q & A.

Recipes JUJUBE FRUIT SALAD

JOJOBE FROIT SALAD
2 Cups chunks of jujube fruit
1 Cup chopped celery
1 Cup chopped walnuts or pecans
5-6 oz. yogurt or kefir (liquid yogurt)
Mix all together and chill at least 1 hour.
QUICK BLACK SAPOTE BREAD
1 cup sugar
4 Tbsp. butter (1/2 stick)
2 eggs
1 cup mashed black sapote
2 cups Bisquick
3/4 cup ground or grated coconut
1/2 tsp. vanilla
Cream butter and sugar. Add and mix well eggs, vanilla and fruit pulp.
Add Bisquick and coconut and stir well. Pour into greased loaf pan.
Wax paper or parchment paper will help removal. Bake 50 minutes at
350 degrees. Keeps well 3 weeks if wrapped.
BLACK SAPOTE CHOCOLATE MOUSSE
1 cup mashed black sapote pulp
2 oz. Hershey syrup (2 good squirts)
2 cups whipped cream
1-2 oz. liquor (Rum, etc.)

Do all but whipped cream in blender for 1 minute. Fold in whipped cream.

Serve, or chill and serve.